

EAST VALLEY XC CHAMPIONSHIPSLangley, BC
Aldergrove Park
October 25, 2022OFFICIAL MEET REPORT
printed: 2022-10-25 4:06 PM**Race #1**
MEN & WOMEN (Gr8) • 3 Kilometers (1.86 Miles) Boys**Final Results****TEAM SCORING SUMMARY****Boys**

Final Standings	Score	Spread
1 Mount Slesse Middle Scho	12	0:34.6
2 Vedder Middle	14	0:48.1
3 LCS	28	0:32.8
4 Walnut Grove Secondary	53	2:04.2
5 MEI Middle	55	2:29.2
6 DW Poppy Sec	72	1:41.5
7 Credo Christian School	81	4:48.9
8 Hatzic Middle School	99	2:02.0

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. km
1 Sutton, Damian	94	Fraser Middle	-	10:41.60	5:44.9	3:33.9
2 Marwaha, Maahi	207	Peter Ewart	-	11:31.30	6:11.7	3:50.4
3 Johnston, Mason	370	Vedder Middle	1	11:40.80	6:16.8	3:53.6
4 Lorenzo, Elijah	197	Mount Slesse Middl	2	11:52.90	6:23.3	3:57.6
5 Noske, Elijah	200	Mount Slesse Middl	3	11:54.60	6:24.2	3:58.2
6 Lightle, Tevin	371	Vedder Middle	4	12:16.00	6:35.7	4:05.3
7 Steiger, William	159	MEI Middle	5	12:19.40	6:37.5	4:06.5
8 Lammers, Carter	145	LCS	6	12:27.20	6:41.7	4:09.1
9 Hagel, Cody	194	Mount Slesse Middl	7	12:27.50	6:41.9	4:09.2
10 Olson, Josiah	321	Walnut Grove Seco	8	12:28.80	6:42.6	4:09.6
11 Fawcett, Evan	372	Vedder Middle	9	12:28.90	6:42.6	4:09.6
12 Vandeburgt, Owen	148	LCS	10	12:56.80	6:57.6	4:18.9
13 Jannati, Anise	195	Mount Slesse Middl	(11)	12:58.10	6:58.3	4:19.4
14 Wagenaar, Tyce	149	LCS	12	13:00.00	6:59.4	4:20.0
15 Fajardo, Isaac	144	LCS	(13)	13:03.50	7:01.2	4:21.2
16 Moller, Tomas	199	Mount Slesse Middl	(14)	13:31.30	7:16.2	4:30.4
17 McLeod, Brady	373	Vedder Middle	(15)	13:47.00	7:24.6	4:35.7
18 Chaloub-Joubin, Kevyn	83	DW Poppy Sec	16	13:48.30	7:25.3	4:36.1
19 Lock, Jackson	196	Mount Slesse Middl	(17)	13:51.00	7:26.8	4:37.0
20 Broekhuizen, Hawksley	374	Vedder Middle	(18)	13:54.30	7:28.5	4:38.1
21 Neufeld, Sammy	375	Vedder Middle	(19)	13:57.80	7:30.4	4:39.3
22 Kang, Taron	78	Credo Christian Sch	20	14:02.40	7:32.9	4:40.8
23 Alexander, Richard	300	Walnut Grove Seco	21	14:13.00	7:38.6	4:44.3
24 Middlekoop, Carlo	198	Mount Slesse Middl	-	14:17.30	7:40.9	4:45.8
25 van den Hoven, Zack	81	Credo Christian Sch	22	14:20.60	7:42.7	4:46.9
26 Redekop, Callahan	156	MEI Middle	23	14:23.00	7:44.0	4:47.7
27 Juteau, Caleb	312	Walnut Grove Seco	24	14:33.00	7:49.4	4:51.0
28 Meyer, Andrew	86	DW Poppy Sec	25	14:33.70	7:49.7	4:51.2
29 Lowes, Quinn	317	Walnut Grove Seco	(26)	14:36.00	7:51.0	4:52.0
30 Liu Saidi, Zakaria	130	Langley Fundament	-	14:41.30	7:53.8	4:53.8
31 Christen, Micah	154	MEI Middle	27	14:48.60	7:57.7	4:56.2
32 Riarh, Hakim	157	MEI Middle	(28)	15:01.00	8:04.4	5:00.3

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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
33 McKenzie, Ryan	119	Hatzic Middle Scho	29	15:12.70	8:10.7	5:04.2
34 Onoapor, Emmanuel	322	Walnut Grove Seco	(30)	15:16.40	8:12.7	5:05.5
35 Vantol, Joshua	89	DW Poppy Sec	31	15:29.80	8:19.9	5:09.9
36 Diachuk, Daniel	84	DW Poppy Sec	(32)	15:45.20	8:28.2	5:15.1
37 Saaby, Jackson	147	LCS	(33)	16:05.60	8:39.1	5:21.9
38 Wozney, Nikolas	121	Hatzic Middle Scho	34	16:08.10	8:40.5	5:22.7
39 Slobin, Justin	87	DW Poppy Sec	(35)	16:37.20	8:56.1	5:32.4
40 Walker, Kristian	120	Hatzic Middle Scho	36	17:14.70	9:16.3	5:44.9
41 Alamwala, Lucas	153	MEI Middle	(37)	17:23.40	9:21.0	5:47.8
42 McGee, Cohen	85	DW Poppy Sec	(38)	18:03.00	9:42.3	6:01.0
43 Schouten, Liam	80	Credo Christian Sch	39	18:51.30	10:08.2	6:17.1
44 Parmar, Arjun	155	MEI Middle	(40)	19:17.00	10:22.0	6:25.7
45 Neufeld, Nolan	146	LCS	(41)	19:37.60	10:33.1	6:32.5
46 McGregor, Jenson	41	Betty Gilbert Middle	-	19:52.40	10:41.1	6:37.5
47 Sharma, Krish	158	MEI Middle	-	20:05.30	10:48.0	6:41.8
48 Amor, Carson	40	Betty Gilbert Middle	-	22:34.70	12:08.3	7:31.6

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MEN & WOMEN (Gr8) • 3 Kilometers (1.86 Miles) Girls****Final Results****TEAM SCORING SUMMARY****Girls**

Final Standings	Score	Spread
1 LCS	16	1:12.2
2 Vedder Middle	18	1:04.3
3 Walnut Grove Secondary	19	2:36.4
4 Mount Slesse Middle Scho	32	1:52.1
5 Peter Ewart	51	0:54.1
6 MEI Middle	59	3:45.5

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. km
1 Holubar, Taya	282	Walnut Grove Seco	1	12:47.30	6:52.5	4:15.8
2 Verkaik, Annika	141	LCS	2	12:49.80	6:53.9	4:16.6
3 Enger, Emery	376	Vedder Middle	3	12:54.20	6:56.2	4:18.1
4 Priebe, Jessica	294	Walnut Grove Seco	4	13:06.50	7:02.8	4:22.2
5 Campbell, Anna	137	LCS	5	13:18.50	7:09.3	4:26.2
6 Haviland, Danika	191	Mount Slesse Middl	6	13:34.60	7:18.0	4:31.5
7 Doerfling, Rebecca	379	Vedder Middle	7	13:41.20	7:21.5	4:33.7
8 Shea, Amelie	380	Vedder Middle	8	13:58.50	7:30.8	4:39.5
9 Verkaik, Claire	142	LCS	9	14:02.00	7:32.7	4:40.7
10 Tanner, Haley	377	Vedder Middle	(10)	14:05.40	7:34.5	4:41.8
11 Wiebe, Janessa	192	Mount Slesse Middl	11	14:28.60	7:47.0	4:49.5
12 Hellman, Sylvia	378	Vedder Middle	(12)	14:30.80	7:48.2	4:50.3
13 Driegen, Celina	77	Credo Christian Sch	-	14:41.50	7:53.9	4:53.8
14 Coote, Sophie	204	Peter Ewart	13	15:08.90	8:08.7	5:03.0
15 Yue, Kate	299	Walnut Grove Seco	14	15:23.70	8:16.6	5:07.9
16 Danyluck, Delaney	189	Mount Slesse Middl	15	15:26.70	8:18.2	5:08.9
17 Hall, Shea	151	MEI Middle	16	15:29.10	8:19.5	5:09.7
18 Stewart, Kendra	205	Peter Ewart	17	15:29.60	8:19.8	5:09.9
19 Mercier, Ella	140	LCS	(18)	15:47.50	8:29.4	5:15.8
20 Prachnau, Anastasia	152	MEI Middle	19	15:48.40	8:29.9	5:16.1
21 Westenenk, Anneka	263	Unity	-	15:57.40	8:34.7	5:19.1
22 Friesen, Jordan	190	Mount Slesse Middl	(20)	16:01.40	8:36.9	5:20.5
23 Zhang, Amy	206	Peter Ewart	21	16:03.00	8:37.7	5:21.0
24 Bai, Cici	275	Walnut Grove Seco	(22)	16:09.60	8:41.3	5:23.2
25 Harvey, Emma	138	LCS	(23)	16:59.60	9:08.2	5:39.9
26 Vanderkooi, Payton	117	Hatzic Middle Scho	-	17:32.20	9:25.7	5:50.7
27 Momen, Leila	39	Betty Gilbert Middle	-	18:08.40	9:45.2	6:02.8
28 Carman, Cadence	150	MEI Middle	24	19:14.60	10:20.8	6:24.9
29 Grahamova, Elizabeth	38	Betty Gilbert Middle	-	21:14.00	11:24.9	7:04.7
30 Hart, Cherese	116	Hatzic Middle Scho	-	26:06.00	14:01.9	8:42.0

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WOMEN (Junior) • 4 Kilometers (2.49 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Spread
1 Walnut Grove Secondary	22	1:45.0
2 Yale	49	1:01.1
3 Brookwood Sec	59	4:08.3
4 GW Graham Secondary	61	3:30.2
5 MEI Secondary	72	6:29.3
6 R.E. Mountain Secondary	80	3:51.3

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Buitelaar, Adrianna	160	MEI Secondary	1	15:14.80	6:07.4	3:48.7
2 Egger, Leila	277	Walnut Grove Seco	2	16:16.00	6:32.0	4:04.0
3 Hutton, Kaia	45	Brookwood Sec	3	16:40.80	6:41.9	4:10.2
4 Bae, Grace	274	Walnut Grove Seco	4	16:50.40	6:45.8	4:12.6
5 Macdonald, Rhianna	100	GW Graham Secon	5	16:53.70	6:47.1	4:13.4
6 Doerfling, Elizabeth	248	Sardis	-	17:11.60	6:54.3	4:17.9
7 Wartak, Olivia	220	R.E. Mountain Seco	6	17:26.60	7:00.3	4:21.7
8 Dhaliwal, Syra	234	Rick Hansen	-	17:29.30	7:01.4	4:22.3
9 Westenenk, Skylar	264	Unity	-	17:32.40	7:02.7	4:23.1
10 Jordan, Elisabeth	284	Walnut Grove Seco	7	17:46.30	7:08.2	4:26.6
11 Lenz, Sorell	16	Abbotsford Senior S	-	17:49.70	7:09.6	4:27.4
12 Dueck, Kendal	356	Yale	8	17:54.60	7:11.6	4:28.7
13 Stelnicki, Anna	296	Walnut Grove Seco	9	18:01.00	7:14.1	4:30.3
14 Halwas, Jasmine	358	Yale	10	18:02.20	7:14.6	4:30.6
15 Vande Ven, Ashley	49	Brookwood Sec	11	18:09.30	7:17.5	4:32.3
16 Dyck, Charlotte	163	MEI Secondary	12	18:22.70	7:22.9	4:35.7
17 Folka, Nicole	99	GW Graham Secon	13	18:25.10	7:23.8	4:36.3
18 Ensink, Pearl	261	Unity	-	18:25.40	7:23.9	4:36.4
19 Maiden, Indigo	360	Yale	14	18:31.20	7:26.3	4:37.8
20 Ahrens, Alissa	272	Walnut Grove Seco	(15)	18:34.90	7:27.8	4:38.7
21 Onos, Mya	63	Chilliwack Sec	-	18:41.60	7:30.4	4:40.4
22 Pemberton, Olivia	293	Walnut Grove Seco	(16)	18:51.70	7:34.5	4:42.9
23 Dhesi, Nimritha	352	Yale	17	18:55.70	7:36.1	4:43.9
24 Juteau, Julia	285	Walnut Grove Seco	(18)	19:07.20	7:40.7	4:46.8
25 Ezebuio, Arianna	98	GW Graham Secon	19	19:12.20	7:42.7	4:48.1
26 Nohr, Jordyn	47	Brookwood Sec	20	19:28.90	7:49.4	4:52.2
27 Bigardo-Soriano, Nina	247	Sardis	-	19:30.40	7:50.0	4:52.6
28 Padgham, Chelsea	250	Sardis	-	19:41.80	7:54.6	4:55.5
29 Sayani, Serena	217	R.E. Mountain Seco	21	19:48.40	7:57.3	4:57.1
30 Velez Gallegos, Rebeca	342	WJ Mouat	-	19:50.50	7:58.1	4:57.6
31 Saunders, Nevis	295	Walnut Grove Seco	-	19:55.40	8:00.1	4:58.9
32 Lockington, Grace	359	Yale	(22)	19:58.10	8:01.2	4:59.5
33 Vollbach, Clara	365	Yale	(23)	20:02.90	8:03.1	5:00.7
34 Vandergugten, Olivia	72	Credo	-	20:13.30	8:07.3	5:03.3
35 Vroege, Aaliyah	106	GW Graham Secon	24	20:23.90	8:11.5	5:06.0
36 Johannesson, Staci	31	Abbotsford Trad	-	20:28.50	8:13.4	5:07.1

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WOMEN (Junior) • 4 Kilometers (2.49 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
37 Fabricius, Elisa	278	Walnut Grove Seco	-	20:42.20	8:18.9	5:10.6
38 Fabra, Jana	42	Brookwood Sec	25	20:49.10	8:21.6	5:12.3
39 MacDonald, Marley	287	Walnut Grove Seco	-	20:49.30	8:21.7	5:12.3
40 Lee, Jennifer	214	R.E. Mountain Seco	26	21:05.00	8:28.0	5:16.3
41 Shamkhi, Maya	218	R.E. Mountain Seco	27	21:17.90	8:33.2	5:19.5
42 Sprott, Emily	103	GW Graham Secon	(28)	21:29.90	8:38.0	5:22.5
43 Carmen, Eve	161	MEI Secondary	29	21:40.40	8:42.2	5:25.1
44 Kranabetter, Samantha	165	MEI Secondary	30	21:44.10	8:43.7	5:26.0
45 Hunt, Georgia	43	Brookwood Sec	(31)	21:45.20	8:44.2	5:26.3
46 Ghatorka, Harsimer	213	R.E. Mountain Seco	(32)	21:49.40	8:45.9	5:27.4
47 Foreman, Lydia	279	Walnut Grove Seco	-	21:55.40	8:48.3	5:28.9
48 Bailey, Sequoia	276	Walnut Grove Seco	-	22:09.60	8:54.0	5:32.4
49 Onoapor, Emma	290	Walnut Grove Seco	-	22:10.90	8:54.5	5:32.7
50 Alizadeh, Maya	273	Walnut Grove Seco	-	22:16.30	8:56.7	5:34.1
51 Lee, Jimin	215	R.E. Mountain Seco	(33)	22:16.70	8:56.8	5:34.2
52 Mason, Malaysia	361	Yale	(34)	22:46.00	9:08.6	5:41.5
53 Remple, Elowin	92	EHPMS	-	23:14.30	9:20.0	5:48.6
54 Dhillon, Jasmeet	354	Yale	-	23:17.50	9:21.2	5:49.4
55 Welsh, Taylor	50	Brookwood Sec	(35)	23:31.00	9:26.7	5:52.8
56 De Andres Mena, Leyre	52	Brookwood Sec	(36)	23:36.50	9:28.9	5:54.1
57 Torrens, Nora	48	Brookwood Sec	-	24:07.50	9:41.3	6:01.9
58 Na, Rachel	363	Yale	-	24:16.50	9:44.9	6:04.1
59 Enders, Avienne	173	Mission Secondary	-	24:19.00	9:45.9	6:04.8
60 Yin, Lucy	221	R.E. Mountain Seco	(37)	24:21.20	9:46.8	6:05.3
61 Deo, Jagnoor	211	R.E. Mountain Seco	-	25:44.00	10:20.1	6:26.0
62 Wassenaar, Aleisea	366	Yale	-	25:48.30	10:21.8	6:27.1
63 Van Dijk, Elisabeth	298	Walnut Grove Seco	-	26:59.10	10:50.2	6:44.8
64 Szakall, Addison	124	Hope Secondary	-	27:09.50	10:54.4	6:47.4
65 Goodman, Sydney	280	Walnut Grove Seco	-	27:11.60	10:55.3	6:47.9
66 Obera, Josie	62	Chilliwack Sec	-	27:39.80	11:06.6	6:55.0

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MEN (Junior) • 4 Kilometers (2.49 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Spread
1 Sardis	31	2:27.4
2 MEI Secondary	33	1:35.3
3 Walnut Grove Secondary	45	3:03.3
4 Unity	68	2:47.8
5 Langley Fundamental Midd	77	2:47.7
6 Abbotsford Christian	101	6:45.9
7 R.E. Mountain Secondary	118	8:25.2
8 Aldergrove Sec	124	3:11.9

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Sada, Bernardo	327	Walnut Grove Seco	1	13:04.90	5:15.2	3:16.2
2 Louwerse, Noah	74	Credo	-	13:05.30	5:15.4	3:16.3
3 May, Sam	346	WJ Mouat	-	13:16.20	5:19.8	3:19.1
4 van Schagen, Will	260	Sardis	2	13:23.70	5:22.8	3:20.9
5 Nakanishi, Arata	246	Robert Bateman	-	13:34.50	5:27.1	3:23.6
6 Graham, Miles	267	Unity	3	13:42.50	5:30.3	3:25.6
7 Simmonds, Riley	257	Sardis	4	14:07.60	5:40.4	3:31.9
8 Wassenaar, Arie	368	Yale	-	14:11.10	5:41.8	3:32.8
9 Steiger, Tristan	170	MEI Secondary	5	14:27.80	5:48.5	3:37.0
10 Warkentin, Caleb	171	MEI Secondary	6	14:37.20	5:52.3	3:39.3
11 Berg, Mason	166	MEI Secondary	7	14:43.70	5:54.9	3:40.9
12 Mishra, Steven	232	R.E. Mountain Seco	8	14:44.40	5:55.2	3:41.1
13 Ethan, Koehn	129	Langley Fundament	9	15:19.10	6:09.1	3:49.8
14 Bagri, Sejjhad	107	GW Graham Secon	-	15:24.00	6:11.1	3:51.0
15 Jimenez, Matthew	13	Abbotsford Christia	10	15:35.90	6:15.9	3:54.0
16 McCaslin, Matthew	318	Walnut Grove Seco	11	15:41.40	6:18.1	3:55.4
17 Cameron, Miller	110	GW Graham Secon	-	15:43.00	6:18.7	3:55.8
18 Kassel, Jonah	253	Sardis	12	15:47.50	6:20.5	3:56.9
19 Dyck, Jonah	252	Sardis	13	15:51.10	6:22.0	3:57.8
20 Coulter, Chase	128	Langley Fundament	14	15:52.10	6:22.4	3:58.0
21 Dickson, Ben	168	MEI Secondary	15	16:03.10	6:26.8	4:00.8
22 Phillips, Jonathan	323	Walnut Grove Seco	16	16:07.00	6:28.4	4:01.8
23 Thiessen, Jack	334	Walnut Grove Seco	17	16:08.20	6:28.8	4:02.1
24 Nickel, Lincoln	269	Unity	18	16:08.40	6:28.9	4:02.1
25 Sorbo, Matthew	332	Walnut Grove Seco	(19)	16:14.50	6:31.4	4:03.6
26 Radillo, Nathaniel	324	Walnut Grove Seco	(20)	16:16.90	6:32.3	4:04.2
27 Hurtado Yepes, Daniel	311	Walnut Grove Seco	(21)	16:17.70	6:32.7	4:04.4
28 Suriya, Dilan	132	Langley Fundament	22	16:18.90	6:33.1	4:04.7
29 Gibbons, Luke	266	Unity	23	16:19.60	6:33.4	4:04.9
30 Schierling, Casey	271	Unity	24	16:30.30	6:37.7	4:07.6
31 Kooyman, Shane	268	Unity	(25)	16:32.00	6:38.4	4:08.0
32 Kim, Noel	314	Walnut Grove Seco	-	16:34.90	6:39.6	4:08.7
33 Fraser, Michael	344	WJ Mouat	-	16:35.20	6:39.7	4:08.8
34 Langer, Benjamin	315	Walnut Grove Seco	-	16:36.10	6:40.0	4:09.0

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35 Chester, Nicholas	265	Unity	(26)	16:40.50	6:41.8	4:10.1
36 Andrews, Tristan	10	Abbotsford Christia	27	16:42.40	6:42.6	4:10.6
37 de Haan, Jake	12	Abbotsford Christia	28	16:44.40	6:43.4	4:11.1
38 Blaak, Hudson	51	Brookwood Sec	-	16:46.60	6:44.3	4:11.7
39 McIntyre, James	54	Brookwood Sec	-	16:50.00	6:45.6	4:12.5
40 Woolley, Owen	93	EHPMS	-	17:01.70	6:50.3	4:15.4
41 Ho, Hui Chun	310	Walnut Grove Seco	-	17:10.40	6:53.8	4:17.6
42 Davis, Brayden	306	Walnut Grove Seco	-	17:15.10	6:55.7	4:18.8
43 Speers, Ethan	333	Walnut Grove Seco	-	17:18.10	6:56.9	4:19.5
44 Simpson, Zion	330	Walnut Grove Seco	-	17:19.20	6:57.3	4:19.8
45 Krys, Tynan	35	Aldergrove Sec	29	17:35.70	7:04.0	4:23.9
46 McGregor, Carter	36	Aldergrove Sec	30	17:42.10	7:06.5	4:25.5
47 Dhillon, Ishaan	34	Aldergrove Sec	31	17:42.30	7:06.6	4:25.6
48 Schouten, Caleb	75	Credo	-	17:47.40	7:08.7	4:26.9
49 Zheng, Steven	133	Langley Fundament	32	18:06.80	7:16.5	4:31.7
50 Han, Hanson	309	Walnut Grove Seco	-	18:30.20	7:25.9	4:37.6
51 Sharma, Yuvraj	29	Abbotsford Senior S	-	18:34.60	7:27.6	4:38.7
52 Li, David	316	Walnut Grove Seco	-	18:43.40	7:31.2	4:40.9
53 Psihogios, Noah	270	Unity	(33)	19:06.50	7:40.4	4:46.6
54 Friesen, Isaac	308	Walnut Grove Seco	-	19:07.80	7:41.0	4:47.0
55 Dekker, Daniel	67	Chilliwack Sec	-	19:12.70	7:42.9	4:48.2
56 Allard, Vincent	301	Walnut Grove Seco	-	19:36.20	7:52.4	4:54.1
57 Cooke, Logan	118	Hatzic Middle Scho	-	19:55.00	7:59.9	4:58.8
58 Mills, Brody	320	Walnut Grove Seco	-	20:33.50	8:15.4	5:08.4
59 Pagnanini, Matteo	37	Aldergrove Sec	34	20:47.60	8:21.0	5:11.9
60 Gupta, Nonit	226	R.E. Mountain Seco	35	21:17.70	8:33.1	5:19.4
61 Berezovsky, Max	302	Walnut Grove Seco	-	21:18.20	8:33.3	5:19.6
62 Thiessen, David	70	Chilliwack Sec	-	21:31.10	8:38.5	5:22.8
63 Timmerman, Owen	76	Credo	-	21:31.90	8:38.8	5:23.0
64 Prieta, Oriol	55	Brookwood Sec	-	21:43.10	8:43.3	5:25.8
65 Schwartz, Bennet	348	WJ Mouat	-	21:43.20	8:43.4	5:25.8
66 Jimenez, Ryan	14	Abbotsford Christia	36	22:21.80	8:58.9	5:35.5
67 Bruce, Andrew	66	Chilliwack Sec	-	23:00.80	9:14.5	5:45.2
68 Omar, Mohamed	27	Abbotsford Senior S	-	23:06.40	9:16.8	5:46.6
69 Lu, Allan	231	R.E. Mountain Seco	37	23:06.50	9:16.8	5:46.6
70 Acosta, Karl	222	R.E. Mountain Seco	38	23:09.60	9:18.1	5:47.4
71 Arora, Deven	23	Abbotsford Senior S	-	23:12.50	9:19.2	5:48.1
72 Mellard, Justyn	319	Walnut Grove Seco	-	23:14.30	9:20.0	5:48.6
73 Yuzon, Brandon	244	Rick Hansen	-	24:26.30	9:48.9	6:06.6

EAST VALLEY XC CHAMPIONSHIPSLangley, BC
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Final Standings	Score	Spread
1 Walnut Grove Secondary	17	2:12.8
2 GW Graham Secondary	39	5:03.0
3 R.E. Mountain Secondary	48	0:28.3
4 Mission Secondary	78	5:27.9
5 Abbotsford Senior Seconda	81	3:21.4

INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Gunnink, Andrew	73	Credo	-	16:21.40	5:15.6	3:16.3
2 Molina, Mark	169	MEI Secondary	-	17:02.50	5:28.8	3:24.5
3 Lascelle, Mackenzie	112	GW Graham Secon	1	17:13.20	5:32.2	3:26.6
4 Saunders, Leven	328	Walnut Grove Seco	2	17:49.80	5:44.0	3:34.0
5 Shimmin, Christian	329	Walnut Grove Seco	3	17:51.60	5:44.6	3:34.3
6 Shea, Ryan	255	Sardis	-	18:19.70	5:53.6	3:39.9
7 Bos, Zack	167	MEI Secondary	-	18:25.50	5:55.5	3:41.1
8 Baart, Levi	11	Abbotsford Christia	-	18:31.90	5:57.5	3:42.4
9 Roffel, Colton	131	Langley Fundament	-	18:43.10	6:01.1	3:44.6
10 Sugiyama, Aya	259	Sardis	-	18:55.50	6:05.1	3:47.1
11 Bodini, Alessandro	108	GW Graham Secon	4	19:10.90	6:10.1	3:50.2
12 Wood, Brett	56	Brookwood Sec	-	19:18.30	6:12.4	3:51.7
13 Sorbo, Alec	331	Walnut Grove Seco	5	19:30.70	6:16.4	3:54.1
14 Shi, Jody	256	Sardis	-	19:41.80	6:20.0	3:56.4
15 Leifson, Kade	186	Mission Secondary	6	19:48.70	6:22.2	3:57.7
16 Muller, Adam	242	Rick Hansen	-	19:50.60	6:22.8	3:58.1
17 Burns, Ryan	304	Walnut Grove Seco	7	20:02.60	6:26.7	4:00.5
18 Faraone, Ben	307	Walnut Grove Seco	(8)	20:03.90	6:27.1	4:00.8
19 Ahuja, Armaan	223	R.E. Mountain Seco	9	20:05.60	6:27.7	4:01.1
20 Katija, Kkrish	313	Walnut Grove Seco	(10)	20:05.60	6:27.7	4:01.1
21 Zhang, Parker	335	Walnut Grove Seco	(11)	20:11.60	6:29.6	4:02.3
22 Prestijacopo, Matteo	233	R.E. Mountain Seco	12	20:25.20	6:34.0	4:05.0
23 Randhawa, Taran	325	Walnut Grove Seco	-	20:27.40	6:34.7	4:05.5
24 Hunter, Colin	229	R.E. Mountain Seco	13	20:32.40	6:36.3	4:06.5
25 Hession, Jesse	228	R.E. Mountain Seco	14	20:33.90	6:36.8	4:06.8
26 Carlson, Ellis	305	Walnut Grove Seco	-	20:35.00	6:37.1	4:07.0
27 Buxton, Sean	109	GW Graham Secon	15	20:51.40	6:42.4	4:10.3
28 Rasquinha, Samuel	28	Abbotsford Senior S	16	20:55.40	6:43.7	4:11.1
29 McKenzie, Donovan	382	R.E. Mountain Seco	(17)	21:13.20	6:49.4	4:14.6
30 Baier, Andrew	143	LCS	-	21:17.70	6:50.8	4:15.5
31 Kim, Aaron	230	R.E. Mountain Seco	(18)	21:37.60	6:57.2	4:19.5
32 Mackie, Xander	114	GW Graham Secon	19	22:16.20	7:09.6	4:27.2
33 Lozano Martin, Hector	26	Abbotsford Senior S	20	22:16.80	7:09.8	4:27.4
34 Aniogbe, Daniel	181	Mission Secondary	21	22:19.40	7:10.7	4:27.9
35 Gecalao, Karl	345	WJ Mouat	-	22:34.10	7:15.4	4:30.8
36 al Darweesh, Bashar	22	Abbotsford Senior S	22	22:39.10	7:17.0	4:31.8

EAST VALLEY XC CHAMPIONSHIPS

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**Race #4
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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
37 Dhillon, Bavneet	239	Rick Hansen	-	22:54.80	7:22.1	4:35.0
38 Locatelli, Filippo	367	Yale	-	23:42.40	7:37.4	4:44.5
39 Dhillon, Gurarmaan	25	Abbotsford Senior S	23	24:16.80	7:48.4	4:51.4
40 Singh, Varinder	30	Abbotsford Senior S	(24)	24:39.20	7:55.6	4:55.8
41 Lough, Alex	69	Chilliwack Sec	-	25:03.50	8:03.4	5:00.7
42 Forstbauer, Morgan	184	Mission Secondary	25	25:06.30	8:04.3	5:01.3
43 Salmon, Zeke	187	Mission Secondary	26	25:16.60	8:07.7	5:03.3
44 Longshore, Nick	68	Chilliwack Sec	-	25:20.80	8:09.0	5:04.2
45 Russell, Joel	326	Walnut Grove Seco	-	26:01.20	8:22.0	5:12.2
46 Wishiniski, Jesse	188	Mission Secondary	(27)	28:29.90	9:09.8	5:42.0
47 Gill, Sahil	241	Rick Hansen	-	30:00.00	9:38.8	6:00.0

EAST VALLEY XC CHAMPIONSHIPS

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Race #4 MEN & WOMEN (Senior) • 5 Kilometers (3.11 Miles) Girls

Final Results

TEAM SCORING SUMMARY

Girls

Final Standings	Score	Spread
1 Abbotsford Christian	30	1:56.0
2 Walnut Grove Secondary	46*	2:56.4
3 Yale	46*	5:52.6
4 Abbotsford Senior Seconda	73	9:21.3
5 Chilliwack Sec	96	2:10.6
6 WJ Mouat	104	9:41.6
7 GW Graham Secondary	105	10:17.1
8 Mission Secondary	123	4:30.7
9 R.E. Mountain Secondary	156	5:25.4

*Tiebreakers

Walnut Grove Secondary	6	11	13	16	23	Yale
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INDIVIDUAL RESULTS

Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
1 Kang, Jaina	71	Credo	-	19:03.40	6:07.7	3:48.7
2 Unger, Zoe	20	Abbotsford Senior S	1	19:28.00	6:15.6	3:53.6
3 Colby, Paige	96	GW Graham Secon	2	20:08.10	6:28.5	4:01.6
4 Currie, Addia	351	Yale	3	20:18.00	6:31.6	4:03.6
5 Kampman, Kristin	6	Abbotsford Christia	4	21:02.30	6:45.9	4:12.5
6 Dueck, Lana	357	Yale	5	21:06.60	6:47.3	4:13.3
7 Pemberton, Kiera	292	Walnut Grove Seco	6	21:10.60	6:48.6	4:14.1
8 Van Dyk, Lauren	8	Abbotsford Christia	7	21:54.80	7:02.8	4:23.0
9 Klassen, Sophia	249	Sardis	-	22:04.30	7:05.8	4:24.9
10 Boesch, Caja	336	WJ Mouat	8	22:41.20	7:17.7	4:32.2
11 de Haan, Sadie	3	Abbotsford Christia	9	22:51.80	7:21.1	4:34.4
12 Kampman, Charis	5	Abbotsford Christia	10	22:58.30	7:23.2	4:35.7
13 Lenci, Giovanna	286	Walnut Grove Seco	11	23:03.70	7:24.9	4:36.7
14 Chan, Gabi	162	MEI Secondary	-	23:12.80	7:27.8	4:38.6
15 Tinsley, Emily	7	Abbotsford Christia	(12)	23:49.80	7:39.7	4:46.0
16 Vaissade, Laila	297	Walnut Grove Seco	13	23:55.50	7:41.6	4:47.1
17 Dhesi, Simran	353	Yale	14	23:57.50	7:42.2	4:47.5
18 Wiedemaan, Julia	9	Abbotsford Christia	(15)	24:01.70	7:43.6	4:48.3
19 Meszaros, Julia	288	Walnut Grove Seco	16	24:07.00	7:45.3	4:49.4
20 Grewal, Shayla	245	Robert Bateman	-	24:18.10	7:48.8	4:51.6
21 Thomas, Luisa	19	Abbotsford Senior S	17	24:39.90	7:55.9	4:56.0
22 Hoytema, Cassie	139	LCS	-	25:04.60	8:03.8	5:00.9
23 Jensen, Fiona	60	Chilliwack Sec	18	25:05.60	8:04.1	5:01.1
24 Hanaka, Nao	337	WJ Mouat	19	25:30.00	8:12.0	5:06.0
25 Busch, Hannah	15	Abbotsford Senior S	20	25:36.00	8:13.9	5:07.2
26 Gandini, Heloisa	57	Chilliwack Sec	21	25:41.70	8:15.7	5:08.3
27 Tepel, Judith	179	Mission Secondary	22	25:51.30	8:18.8	5:10.3
28 Pagani-Cesa, Vittoria	291	Walnut Grove Seco	(23)	25:54.40	8:19.8	5:10.9

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Athlete	#	Team	Score	Time	Avg. Mile	Avg. kM
29 Janzen, Layni	164	MEI Secondary	-	26:07.40	8:24.0	5:13.5
30 Di Gennaro, Sofia	355	Yale	24	26:10.60	8:25.0	5:14.1
31 Hsieh, Penny	283	Walnut Grove Seco	(25)	26:29.10	8:31.0	5:17.8
32 Fluit, Ruby	4	Abbotsford Christia	(26)	26:59.40	8:40.7	5:23.9
33 Tapperman, Marie	105	GW Graham Secon	27	27:07.90	8:43.4	5:25.6
34 Gines, Maria	58	Chilliwack Sec	28	27:11.30	8:44.5	5:26.3
35 Kiessling, Gina	61	Chilliwack Sec	29	27:16.20	8:46.1	5:27.2
36 Gust, Rosa	174	Mission Secondary	30	28:06.10	9:02.2	5:37.2
37 Sran, Taneesh	32	Abbotsford Trad	-	28:10.60	9:03.6	5:38.1
38 Findlater, Tia	212	R.E. Mountain Seco	31	28:32.30	9:10.6	5:42.5
39 Slaughter, Sadie	178	Mission Secondary	32	28:32.40	9:10.6	5:42.5
40 Miller-Kublick, Amelia	339	WJ Mouat	33	28:45.00	9:14.7	5:45.0
41 Zeller, Johanna	65	Chilliwack Sec	(34)	28:48.90	9:15.9	5:45.8
42 Rauch, Charlotte	17	Abbotsford Senior S	35	28:49.30	9:16.0	5:45.9
43 Roth, Lisann	102	GW Graham Secon	36	29:14.80	9:24.2	5:51.0
44 Nguyen, Mandy	289	Walnut Grove Seco	(37)	29:37.40	9:31.5	5:55.5
45 Boehme, Gesa	210	R.E. Mountain Seco	38	29:57.40	9:37.9	5:59.5
46 Rehaume, Jaci	177	Mission Secondary	39	30:22.00	9:45.9	6:04.4
47 Sukra, Isabel	104	GW Graham Secon	40	30:25.20	9:46.9	6:05.0
48 McClure, Katarina	33	Aldergrove Sec	-	30:48.80	9:54.5	6:09.8
49 Mason, Samara	362	Yale	(41)	31:03.60	9:59.2	6:12.7
50 Acosta, Kristine	208	R.E. Mountain Seco	42	31:33.40	10:08.8	6:18.7
51 Thieme, Selene	64	Chilliwack Sec	(43)	31:34.80	10:09.3	6:19.0
52 Orchison, Sienna	340	WJ Mouat	44	32:22.80	10:24.7	6:28.6
53 Stroud, Eden	134	Langley Secondary	-	32:51.50	10:33.9	6:34.3
54 Bellucco, Giulia	209	R.E. Mountain Seco	45	33:57.70	10:55.2	6:47.5
55 Painedelli, Matilde	216	R.E. Mountain Seco	(46)	34:03.40	10:57.0	6:48.7
56 Trajano de Souza Lima, Beat	135	Langley Secondary	-	34:07.80	10:58.5	6:49.6
57 Vermeulen, Klarinda	180	Mission Secondary	(47)	34:21.20	11:02.8	6:52.2
58 Becker, Sophie	172	Mission Secondary	(48)	37:13.70	11:58.2	7:26.7
59 Gueibe, Lise	59	Chilliwack Sec	(49)	41:14.20	13:15.6	8:14.8