

Pen Run's Resolution Run January 1, 2024

4KM Age groups

1	8	262	Andrews	Ella	Abbotsford	0:19:10.3	F15 & Under
2	14	557	Price	Isabella	Surrey	0:20:48.3	F15 & Under
3	19	568	Rider	Elena	White Rock	0:21:25.6	F15 & Under
4	22	558	Raouf	Aliyah	White Rock	0:21:42.7	F15 & Under
5	23	554	Phillips	Grace	Surrey	0:22:42.2	F15 & Under
6	24	561	Raouf	Lamees	White Rock	0:22:44.3	F15 & Under
7	25	14	Omstead	Kaley	Ladner	0:22:45.4	F15 & Under
8	33	452	Konrad	Elise	Abbotsford	0:23:52.0	F15 & Under
9	60	427	Harley	Maya	Surrey	0:26:34.0	F15 & Under
10	79	464	Lay	Avery	Langley	0:29:36.0	F15 & Under
11	84	15	Gillan	Lyla	Langley	0:30:46.3	F15 & Under
12	85	331	Gillan	Alivia	Langley	0:30:46.9	F15 & Under
13	90	592	Sturko	Marin	Surrey	0:32:05.5	F15 & Under
14	93	271	Barnes	Kylie	Langley	0:32:42.5	F15 & Under
15	101	569	Rider	Lydia	White Rock	0:33:55.6	F15 & Under
16	103	310	Farafoszyn	Evie	Langley Twp	0:34:03.9	F15 & Under
17	107	438	Hirose	Chelsea	Langley	0:34:25.7	F15 & Under
18	152	290	Deichen	Emery	Surrey	0:44:25.5	F15 & Under
1	2	441	Hodgson	Maella	Surrey	0:15:28.0	F16-19
2	200	437	Hirose	Aua	Langley	1:12:28.2	F16-19
1	37	574	Rukavina-Nolsoe	Maya	Whiterock	0:24:01.3	F20-29
1	58	282	Collingridge	Jillian	Langley	0:26:14.6	F30-39
2	75	313	Fenton	Adrianna	Surrey	0:29:11.4	F30-39
3	81	556	Pr vost	Leah	Langley	0:30:37.3	F30-39
4	82	550	Penner	Michelle	Langley	0:30:37.4	F30-39
5	97	576	Russell	Serena	Surrey	0:33:31.6	F30-39
6	103	311	Farafoszyn	Katie	Langley Twp	0:34:03.9	F30-39
7	114	598	Terrell	Bobbi	Surrey	0:36:05.2	F30-39
1	15	19	Wood	Joanna	Vancouver	0:20:51.7	F40-49
2	16	585	Steele	Jamie	Surrey	0:20:56.1	F40-49
3	28	268	Bangma	Jacinda	Surrey	0:23:17.1	F40-49
4	30	285	Cull	Heather	Surrey	0:23:29.6	F40-49
5	36	459	Lainchbury	Helen	Abbotsford	0:23:55.2	F40-49
6	47	28	Smith	Carley	Vancouver	0:25:14.5	F40-49
7	50	453	Konrad	Glenda	Abbotsford	0:25:59.3	F40-49
8	57	16	Kyne	Lori	White Rock	0:26:11.2	F40-49
9	59	430	Hayhoe	Jodi	Maple Ridge	0:26:30.6	F40-49
10	62	273	Baxter	Sharon	Surrey	0:26:44.5	F40-49
11	77	562	Raouf	Sara	White Rock	0:29:31.7	F40-49
12	80	463	Lay	Alexandra	Langley	0:29:36.9	F40-49
13	86	332	Gillan	Erin	Langley	0:30:47.6	F40-49

14	91	590	Sturko	Elenore	Surrey	0:32:06.5	F40-49
15	102	547	O'Shaughnessy	Sara	White Rock	0:33:55.7	F40-49
16	115	11	Velazquez	Dora	Surrey	0:36:18.8	F40-49
17	201	439	Hirose	Tianna	Langley	1:12:28.5	F40-49
1	43	457	Kwiczak	Sandy	Surrey	0:24:27.7	F50-59
2	106	270	Barnes	Jenny	Langley	0:34:18.9	F50-59
3	118	287	Davey	Kiran	White Rock	0:36:29.5	F50-59
1	20	314	Ferrie	Jill	Surrey	0:21:31.5	F60-69
2	34	573	Rowson	Kelly	Surrey	0:23:53.1	F60-69
3	63	552	Philip	Brenda	Langley	0:26:58.0	F60-69
4	87	580	Sevigny	Bonnie	Surrey	0:31:01.3	F60-69
5	108	822	Trim	Michele	Langley City	0:34:55.2	F60-69
6	158	443	Hough	Teresa	Surrey	0:45:27.9	F60-69
7	159	543	Noble	Sue	White Rock	0:45:29.2	F60-69
8	160	267	Atkinson	Cindy	Surrey	0:45:29.7	F60-69
1	3	263	Andrews	Tristan	Abbotsford	0:16:28.9	M15 & Under
2	4	289	Davidson	Theo	Surrey	0:16:53.9	M15 & Under
3	5	288	Davidson	Gavin	Surrey	0:17:15.5	M15 & Under
4	9	460	Lainchbury	Kai	Abbotsford	0:19:13.5	M15 & Under
5	12	261	Anderson	Garreth	Surrey	0:19:54.0	M15 & Under
6	13	425	Harley	Cooper	Surrey	0:19:59.7	M15 & Under
7	18	423	Hamze	Idris	Vancouver	0:21:15.1	M15 & Under
8	21	555	Phillips	Henry	Surrey	0:21:40.5	M15 & Under
9	26	462	Lay	Alden	Langley	0:22:52.7	M15 & Under
10	29	286	Cull	Remy	Surrey	0:23:26.6	M15 & Under
11	31	302	Ezaki	Isaac	Surrey	0:23:43.3	M15 & Under
12	35	461	Lainchbury	Leo	Abbotsford	0:23:55.1	M15 & Under
13	39	560	Raouf	Khalil	White Rock	0:24:19.1	M15 & Under
14	40	9	Ladher	Arjun	Surrey	0:24:20.0	M15 & Under
15	46	30	Fisher	Weston	Vancouver	0:25:14.4	M15 & Under
16	54	259	Anderson	Brady	Surrey	0:26:07.0	M15 & Under
17	70	312	Farafoszyn	Koa	Langley Twp	0:27:57.4	M15 & Under
18	95	272	Barnes	Spencer	Langley	0:33:05.9	M15 & Under
19	99	593	Sturko	William	Surrey	0:33:46.9	M15 & Under
20	100	291	Deichen	Emmett	Surrey	0:33:53.9	M15 & Under
1	38	42	Su	Jonathan	Surrey	0:24:16.4	M16-19
1	1	27	Hodgson	Lucas	Vancouver	0:14:51.2	M20-29
1	6	449	King	Colton	Chilliwack	0:17:22.4	M30-39
2	42	10	Ladher	Raj	Surrey	0:24:23.3	M30-39
3	49	295	Dhaliwal	Rajan	Surrey	0:25:51.3	M30-39

1	10	458	Lainchbury	Darcy	Abbotsford	0:19:14.0	M40-49
2	11	29	Grams	Andrew	Vancouver	0:19:22.1	M40-49
3	32	300	Ezaki	Al	Surrey	0:23:43.6	M40-49
4	55	260	Anderson	Dale	Surrey	0:26:07.1	M40-49
5	56	17	Kyne	Lincoln	White Rock	0:26:11.1	M40-49
6	70	309	Farafoszyn	Bartek	Langley Twp	0:27:57.4	M40-49
7	76	559	Raouf	Eiman	White Rock	0:29:22.1	M40-49
8	130	567	Rider	David	White Rock	0:40:24.4	M40-49

1	7	599	Titov	Mikhail	Surrey	0:18:31.3	M50-59
2	17	542	Nilsson	Joakim	Langley	0:21:06.6	M50-59
3	48	422	Halladay	Rod	White Rock	0:25:33.3	M50-59
4	51	258	Akyuz	Erkan	Surrey	0:26:03.8	M50-59
5	68	426	Harley	Martin	Surrey	0:27:49.6	M50-59
6	72	264	Andrews	Warren	Abbotsford	0:27:59.9	M50-59
7	96	335	Gilliland	James	Langley	0:33:06.2	M50-59
8	153	292	Deichen	Ian	Surrey	0:44:38.2	M50-59

1	41	8	Kaler	Sarb	Surrey	0:24:21.3	M60-69
2	53	26	Luymes	Harold	Abbotsford	0:26:05.6	M60-69
3	61	294	Dhaliwal	John	Surrey	0:26:34.6	M60-69
4	64	553	Philip	Neil	Hampstead	0:26:58.2	M60-69
5	65	581	Siemens	Walt	Abbotsford	0:27:27.4	M60-69
6	78	432	Heide	Mark	Surrey	0:29:34.6	M60-69
7	89	456	Kurenoff	Gord	Langley	0:31:22.9	M60-69
8	157	470	Loosemore	Gary	White Rock	0:45:08.8	M60-69

1	27	297	Du Quesnay	Philip	Surrey	0:23:03.8	M70-79
2	137	428	Harrison	Patrick	Surrey	0:41:20.1	M70-79
3	156	447	Jovanovic	Mile	Surrey	0:45:07.5	M70-79

Unknown Runners

44	851					0:24:30.1	
45	551					0:24:32.6	
52	1					0:26:03.9	
123	900					0:38:13.1	
116	5					0:36:22.0	

8KM Age Groups

1	170	595	Sumner	Sophie	Langley	0:47:41.8	F16-19
2	171	308	Fandrich	Naomi	Langley	0:47:41.9	F16-19
1	121	544	Odobas	Taylor	Surrey	0:37:40.8	F20-29
2	134	429	Hayhoe	Ellen	Maple Ridge	0:41:13.0	F20-29
3	182	276	Breviere	Esther	Langley	0:50:37.4	F20-29

1	74	13	Koelehan	Dex	Chilliwack	0:28:57.2	F30-39
2	163	3	Mcilory	Kelsey	Langley	0:45:52.2	F30-39
3	179	589	Sturgess	Suzanne	Surrey	0:50:24.3	F30-39
4	191	563	Rath	Christine	Fort Saskatchewan	0:56:13.2	F30-39
5	196	823	Turner	Sydney	White Rock	1:02:31.0	F30-39
1	124	575	Rung	Kathy	Abbotsford	0:38:14.1	F40-49
2	135	570	Riggins	Tracy	Surrey	0:41:14.5	F40-49
3	169	565	Renton	Starlee	White Rock	0:47:26.0	F40-49
4	181	587	Street	Karen	Abbotsford	0:50:29.4	F40-49
5	184	298	Ducharme	Leanne	White Rock	0:51:58.9	F40-49
6	189	579	Sedgley	Racheal	Surrey	0:54:57.9	F40-49
7	192	577	Samuelson	Karen	Surrey	0:57:02.0	F40-49
8	199	23	Wong	Aynsley	Surrey	1:05:38.7	F40-49
1	105	296	Dommann	Alita	NORTH VANCOUVER	0:34:18.4	F50-59
2	112	2	Harris	Kelly	Abbotsford	0:35:37.1	F50-59
3	132	541	Nicoli	Patricia	Vancouver	0:40:28.5	F50-59
4	136	4	Clague	Ellen	Vancouver	0:41:17.2	F50-59
5	148	548	Owens	Camille	Surrey	0:43:29.0	F50-59
6	149	466	Leighton	Karla	Surrey	0:43:30.6	F50-59
7	161	279	Chapman	Rik	Surrey	0:45:33.0	F50-59
8	164	444	Hoyrup	Kirsten	Surrey	0:46:19.4	F50-59
9	183	479	Meier	Christine	Langley Twp	0:51:01.3	F50-59
10	190	419	Graham	Liz	Surrey	0:54:57.9	F50-59
11	194	281	Colabella	Manijeh	Surrey	0:57:46.1	F50-59
12	198	549	Pearce	Suzanne	Delta	1:05:05.0	F50-59
1	110	293	Desmond	Carla	Aldergrove	0:35:34.6	F60-69
2	111	280	Cleaveley	Gail	Langley	0:35:36.7	F60-69
3	113	476	McKeating	Twila	Langley	0:35:37.4	F60-69
4	146	472	MacKinnon	Leah	New Westminster	0:43:11.9	F60-69
5	173	584	Spier	Soraya	Surrey	0:48:10.4	F60-69
6	186	546	Oremek	Laura	White Rock	0:52:45.8	F60-69
7	195	18	Kantner	Michele	Langley	0:58:55.0	F60-69
8	204	478	McLeod	Debbie	Langley	1:15:02.9	F60-69
1	94	545	O'Grady	Frances	Surrey	0:32:45.0	F70-79
1	66	854	Mulugeta	Yemane	Surrey	0:27:48.0	M16-19
2	69	440	Hodgson	James	Surrey	0:27:50.7	M16-19
3	141	421	Halladay	Levi	White Rock	0:42:35.2	M16-19
1	66	471	Mackie	Jeremiah	Surrey	0:27:48.0	M20-29
1	73	540	Nicholson	Drew	Surrey	0:28:51.7	M30-39
2	92	455	Kroeger	Colin	Surrey	0:32:13.2	M30-39
3	154	600	Peralta	Roque	Langley	0:44:52.0	M30-39

4	166	275	Blanche	Lucas	Langley	0:46:41.5	M30-39
5	177	434	Helms	Tristan	Langley	0:50:08.3	M30-39
6	197	820	Tough	Ryan	Squamish	1:03:45.7	M30-39
1	83	299	Ducharme	Richard	White Rock	0:30:38.5	M40-49
2	88	450	Knowlton	Richard	Surrey	0:31:10.9	M40-49
3	122	468	Lewis	Curtis	Edmonton	0:38:08.4	M40-49
4	126	424	Hancock	Tom	Langley	0:39:01.4	M40-49
5	127	445	Hulme	Jared	Surrey	0:39:54.2	M40-49
6	128	448	Kennedy	Wade	Coquitlam	0:40:05.4	M40-49
7	133	454	Kostin	Sergiy	White Rock	0:40:50.0	M40-49
8	145	594	Sumner	Brad	Langley	0:43:02.8	M40-49
9	167	316	Fuentes	Eduardo	White Rock	0:46:56.4	M40-49
10	176	7	Ng	Caleb	Whiterock	0:49:29.9	M40-49
11	178	446	Jarvis	Philip Dallas	Surrey	0:50:21.0	M40-49
12	180	588	Street	Luke	Abbotsford	0:50:29.4	M40-49
13	185	283	Conway	Kyle	White Rock	0:52:23.5	M40-49
1	98	266	Armstrong	Brett	Langley	0:33:36.8	M50-59
2	109	582	Sonnefeld	Barry	Maple Ridge	0:35:32.3	M50-59
3	117	564	Redding	Stephen	Surrey	0:36:28.5	M50-59
4	119	278	Camire	Patrick	Port Moody	0:37:17.6	M50-59
5	120	571	Roberts	Peter	Surrey	0:37:23.8	M50-59
6	138	848	Mori	Mark	Surrey	0:42:06.8	M50-59
7	139	469	Li	Yaquan	Surrey	0:42:07.1	M50-59
8	140	41	Yee Fung	Mark	Surrey	0:42:07.1	M50-59
9	151	480	Meier	Robert	Langley	0:43:36.8	M50-59
10	162	566	Rideout	Glenn	Surrey	0:45:35.3	M50-59
11	175	274	Beemer	Ward	white rock	0:48:48.3	M50-59
12	188	12	Kavanagh	Scott	White Rock	0:54:26.0	M50-59
1	125	477	McKinnon	William	White Rock	0:38:18.4	M60-69
2	129	473	Martin	John	Surrey	0:40:20.5	M60-69
3	131	24	Vipond	Mike	White Rock	0:40:28.5	M60-69
4	142	475	Mathias	Paul	Surrey	0:42:37.4	M60-69
5	143	578	Schrawwen	Peter	Surrey	0:42:41.4	M60-69
6	144	572	Romain	Everett	Coquitlam	0:42:53.0	M60-69
7	147	586	Stewart	Brian	Abbotsford	0:43:27.5	M60-69
8	155	21	Webster	Tom	White Rock	0:44:56.4	M60-69
9	165	269	Barichello	Tom	Langley	0:46:22.3	M60-69
10	168	284	Cook	Dan	Abbotsford	0:47:14.2	M60-69
11	172	20	Garzitto	Manuel	Surrey	0:48:04.4	M60-69
12	174	433	Helms	Paul	Langley	0:48:35.3	M60-69
1	150	442	Horita	Rick	White Rock	0:43:35.1	M70-79
2	186	325	Fuller	Ernie	White Rock	0:52:45.8	M70-79
3	193	22	Hyder	Mark	Burnaby	0:57:31.6	M70-79

4	202	467	Lewinsky	Alejandro	Abbotsford	1:13:24.1	M70-79
5	205	597	Taylor	Alex	Langley	1:18:17.2	M70-79
1	203	596	Swan	Alan	Abbotsford	1:13:33.9	M80+

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