

Fort To Fort 2023 10K

1	372	Mulugeta	Yemane	Surrey	35:43.5	M	M16-19	10K
2	359	Caterinen	Pete	Langley	46:37.2	M	M50-59	10K
3	351	Allchin	Kerry	New Westminster	46:59.9	M	M40-49	10K
4	376	Rung	Kathy	Abbotsford	47:17.1	F	F40-49	10K
5	369	Lee	Jessica	Mission	48:40.6	F	F40-49	10K
6	355	Balback	Dan	Abbotsford	49:19.9	M	M40-49	10K
7	368	Janes	Colin	White Rock	49:33.2	M	M40-49	10K
8	367	Huxley	David	Abbotsford	49:43.8	M	M60-69	10K
9	361	Cook	Dan	Abbotsford	52:08.0	M	M60-69	10K
10	356	Bremner	Pete	New West	52:17.3	M	M60-69	10K
11	360	Clague	Ellen	Vancouver	52:53.5	F	F50-59	10K
12	375	Romain	Everett	Coquitlam	53:32.5	M	M60-69	10K
13	352	Amanuel	Solomon	Langley	53:56.5	M	M50-59	10K
14	357	Brennan	Maria	Abbotsford	54:16.0	F	F50-59	10K
15	374	Reves	Chloe	Langley	54:24.7	F	F20-39	10K
16	371	Markin	Tony	Langley	54:40.2	M	M50-59	10K
17	353	Antoniazzi	Roger	Surrey	58:14.7	M	M60-69	10K
18	364	Hart	Mary	Surrey	59:10.2	F	F50-59	10K
19	417	Fairbairn	Andrew	Surrey	1:00:58	M	M40-49	10K
20	413	Helms	Paul	Langley	1:01:32	M	M60-69	10K
21	414	Helms	Tristan	Langley	1:01:33	M	M30-39	10K
22	362	Flint	Amy	Langley	1:05:42	F	F40-49	10K
23	378	Trenholme	Jen	Langley	1:06:42	F	F40-49	10K
24	363	Gao	Rita	White Rock	1:10:59	F	F40-49	10K
25	377	Sibley	Candace	Langley	1:14:24	F	F40-49	10K
26	365	Hiebert	Jennifer	COQUITLAM	1:23:07	F	F60-69	10K

5K

1	384	Baker	Caleb	Surrey	20:44.0	M	M15 & Unc	5K
2	388	Fast	Brock	Langley	21:09.4	M	M20-39	5K
3	416	Dhatt	Arjun	Surrey	22:32.0	M	M16-19	5K
4	386	Durrant	Robert	Langley	23:49.1	M	M50-59	5K
5	380	Andrews	Tristan	Abbotsford	26:07.2	M	M15 & Unc	5K
6	354	Bach	Joanne	Maple Ridge	26:09.4	F	F50-59	5K
7	392	Gilbert	Krista	Surrey	26:36.2	F	F50-59	5K
8	404	Schroeder	Alan	Mission	27:18.0	M	M50-59	5K
9	379	Andrews	Ella	Abbotsford	28:17.6	F	F15 & Unde	5K
10	412	Harley	Cooper	Surrey	28:20.0	M	M15 & Unc	5K
11	387	Estacio	Vina	Surrey	30:33.6	F	F40-49	5K
12	411	Harley	Martin	Surrey	33:05.9	M	M50-59	5K
13	418	Archer	Darlene	White Rock	33:36.2	F	F60-69	5K
14	382	Arsenault	Amberly	Surrey	34:25.1	F	F20-39	5K
15	381	Andrews	Warren	Abbotsford	36:00.2	M	M50-59	5K
16	400	Osterby	Nils	Langley City	36:27.7	M	M50-59	5K
17	407	Taylor	Serena	Surrey	36:28.6	F	F40-49	5K
18	391	Flint Dennis	Jakob	Langley	36:39.2	M	M20-39	5K
19	389	Flint	Andrew	Langley Twp	36:39.7	M	M15 & Unc	5K

20	390	Flint	Benjamin	Langley Twp	36:43.6	M	M15 & Unc	5K
21	415	Dhatt	Ahup	Surrey	36:55.1	M	M50-59	5K
22	409	Yang	Robyn	Burnaby	38:02.8	F	F40-49	5K
23	383	Bach	Randy	Maple Ridge	39:17.6	M	M60-69	5K
24	405	Sharma	Roxanne	Langley	39:31.3	F	F20-39	5K
25	406	Speer	Laura	Maple ridge	39:54.5	F	F20-39	5K
26	373	Peterson	Laura	Langley	42:35.2	F	F40-49	5K
27	394	Jones	Lauren	Maple Ridge	45:34.1	F	F20-39	5K
28	402	Sang	Bailee	Chilliwack	45:34.3	F	F20-39	5K
29	408	Terrell	Bobbi	Surrey	47:26.0	F	F20-39	5K
30	397	Lucas	Doug	Surrey	54:34.3	M	M60-69	5K
31	398	Montgomery	Tammy	Abbotsford	56:35.6	F	F40-49	5K
32	403	Sang	Erika	Chilliwack	56:36.1	F	F20-39	5K